



Breakfast

	Eggs with bacon, ham, sausage, or peameal	Eggs (no meat)
One	\$10.50	\$8.00
Two	\$12.50	\$10.00

Served with choice of home fries, baked beans or tomato slices. Includes toast & Coffee (or juice)

Omelet

3 Egg omelet, choose up to three of the following: ham, bacon, sausage, peameal, mushroom, green pepper, spinach or cheese **\$17.00**

Served with choice of home fries, baked beans or tomato slices. Includes toast & Coffee (or juice)

Big Breakfast

1) **2 eggs, bacon, ham & sausage with 2 pancakes, homefries, toast & coffee** **\$22.00**

2) **Breakfast Wrap: 2 scrambled eggs, bacon, sausage, peppers and cheese** **\$18.00**

Served with choice of home fries, baked beans or tomato slices. Includes toast & Coffee (or juice)

Benedicts

1) **English Muffin topped with peameal, 2 poached eggs & hollandaise** **\$18.50**
Includes coffee (or juice)

Veg 2) **Eggs Florentine. English Muffin topped with spinach, 2 poached eggs & hollandaise** **\$18.50**
Includes coffee (or juice)

Veg 3) **Mushroom benedict, 2 eggs, hollandaise & salsa verde on an english muffin** **\$18.50**
Benedicts served with choice of home fries, baked beans or tomato slices

Pancakes, French Toast

3 Pancakes with bacon, ham or sausage or peameal \$13.50

3 Blueberry pancakes with bacon, ham or sausage or peameal \$14.50

3 Slices of French Toast with bacon, ham or sausage or peameal \$13.50

Above meals include coffee (or juice)

Breakfast Sandwiches

Toasted Fried Egg \$6.25

Toasted Bacon & Egg, Toasted Western or Toasted Bacon \$8.00

Coffee "Not Included" with breakfast sandwiches

Bagels etc.

Bagel with cream cheese \$3.50

Breakfast Bagel. Egg, cheese, bacon, lettuce and tomato \$8.00

English Muffin with cheese and bacon, ham or sausage or peameal \$6.00

Veg **Bagel with quacamole & tomato \$6.00**

Coffee "Not Included" with bagels and english muffins

Tax Not Included

TAKE OUT AVAILABLE ALL DAY !

Call 613 257 3396 ext 2 to place order

Appetizers & Snacks

Soup of the Day	\$5.80
<i>ask for availability</i>	
Zucchini Sticks with ranch dip	\$12.00
Onion Rings with chipotle dipping sauce.....	\$12.00
Deep Fried Pickles with garlic dip	\$12.00
French Fries	\$8.00
<i>with gravy</i>	\$10.00
Poutine with real curds	\$11.00
Sweet Potato French Fries with chipotle dipping sauce.....	\$11.00
Mississippi Nachos: Corn chips, salsa, onion, red pepper, green pepper, jalapenos, beef (or chicken) & cheese	\$18.95
Combo Platter - 6 chicken wings, 6 zucchini sticks, 4 chicken fingers, onion rings & garlic bread	\$22.00
Chicken Quesadillas - Chicken, red & green peppers, tomato, onion, cheese, sour cream & salsa	\$15.50

Wings

Mild, Medium, Hot, Forty Creek BBQ or Honey Garlic	12	\$13.00
<i>Served with hand full of fries</i>	20	\$24.00
	30	\$34.00

Greens Etc.

Caesar Salad	Small	\$10.00
	Large	\$13.95
Chicken Caesar Salad - Topped with grilled chicken slices	Small	\$12.00
	Large	\$15.95
Julienne Salad - Garden Salad topped with turkey, ham, bacon, cheese & egg	Small	\$12.70
	Large	\$16.95
Spinach Salad - with beets, goat cheese, dried cranberries, red onion, and pecans, with balsamic dressing	Small	\$12.00
	Large	\$16.95

Dressings Available: Blue Cheese, Balsamic, Garlic, Italian

Tax Not Included

Wraps

	Alone	Platter
Grilled Caesar Wrap - 4oz chicken breast with Caesar salad	\$11.00	\$16.00
Harvest Wrap - turkey, spinach, apples, dried cranberries, red onion and honey dijon sauce	\$11.00	\$16.00
Buffalo Chicken Wrap - breaded chicken, lettuce, tomato, red onion, mozzarella cheese, hot sauce & ranch dressing	\$11.00	\$16.00
Arizona Wrap - Chicken, bacon, lettuce, tomato, red onion, mozzarella and guacomole	\$11.00	\$16.00

Platters include choice of fries, garden or Caesar salad

Substitute Onion Rings, Sweet Potato fries or Poutine:

Add: \$3.00

Panini's

	Alone	Platter
Chicken Pesto Panini - Chicken breast, spinach, swiss cheese, tomato, red onion, and pesto mayo	\$13.00	\$18.00
ABC Panini - Apple, Bacon, Chicken, Brie, Spinach with Honey Dijon Sauce	\$13.00	\$18.00
Vegetarian Panini - with mozzarella cheese, spinach, red onion, tomato and mushrooms with honey dijon sauce	\$13.00	\$18.00

Platters include choice of fries, garden or Caesar salad

Substitute Onion Rings, Sweet Potato fries or Poutine:

Add: \$3.00

Sandwiches

	Alone	Platter
Grilled Cheese	\$6.00	\$11.00
Grilled Cheese with bacon or ham	\$7.00	\$12.00
Egg or Tuna Salad	\$7.25	\$12.25
Roast Turkey, Roast Beef, BLT, Western or Ham & Cheese	\$8.00	\$13.00
Veg Vegan - lettuce, tomato, red onion, cucumber and vegan cream cheese	\$8.00	\$13.00
Smoked Meat	\$12.00	\$17.00
Club Sandwich	\$13.00	\$18.00

Platters include choice of fries, garden or Caesar salad

Substitute Onion Rings, Sweet Potato fries or Poutine:

Add: \$3.00

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From the Grill

	Alone	Platter
Hot Dog	\$5.25	\$10.25
Bacon & Cheese Dog	\$6.50	\$11.50
Our Burgers are 6oz made fresh and come with fried onion, shredded iceberg lettuce, tomato and pickle		
Hamburger	\$9.00	\$14.00
Cheese Burger	\$9.50	\$14.50
Bacon & Cheese Burger	\$12.50	\$17.50
Forty Creek Burger - BBQ sauce, peameal, caramelized onions, cheese, lettuce and tomato	\$12.50	\$17.50
New Bigger Burger - 2 patties, 2 cheese and burger sauce	\$16.00	\$21.00
Chicken Crunch Burger - crispy chicken topped with bacon, swiss, chipotle mayo, lettuce and tomato	\$12.50	\$17.50
Chicken Fingers - with fries and plum sauce		\$16.95
Fish & Chips - 2pcs, fries, coleslaw & tartar sauce		\$19.00

Above Platters include choice of fries, garden or Caesar salad

Substitute Onion Rings, Sweet Potato fries or Poutine:

Add: \$3.00

Tax Not Included

(additional charges may apply)

Gluten Free bread, wraps, burger buns and english muffins available

Add: \$2.50

please speak to Wendy to arrange alternate meal options

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(If you have special food needs due to dietary restrictions, and require food that is not on the menu)